

kavira.

What is Kavira?

Kavira is a membership-based primary and urgent care clinic that provides everyday medical care, lab work, medications, tests, exams, and non-emergency imaging via virtual visits, in-person house and office visits, for you and your family.



What is included?



Free* Visits: Chat, Video, In-Person House and Office Visits



Medications: 350 free medications: our providers can diagnose, treat and prescribe



Labs: 30 free labs available; access to thousands of other heavily discounted labs



Who has Access: You, your spouse, and your children under the age of 26 have free* access to Kavira



Hours of Service: Weekdays available for House Visits and Telehealth from 8am-7pm; Weekends available for Telehealth-Only from 10am-2pm

**Some labs may cost extra. Acute Rx's at a pass-through rate for HSA-eligible members. Visit www.kavirahealth.com/labsandmeds to learn more.*

Acute Conditions We Treat:

- Asthma
- Athlete's foot
- Bronchitis
- Bug bites
- Cold sores
- Cough, cold & flu
- Diarrhea
- Ear concerns (pain, drainage, wax)
- Gout flare up
- Hand, foot, mouth
- Insomnia
- Muscle or joint pain
- Nail disorders
- Pink eye
- Rashes, skin conditions, burns
- Sprains and strains
- Sinus infection
- Sore throat
- Stitch removal
- UTI (female)
- Vaginitis (yeast or BV infection)
- Various viral illnesses
- Wart evaluation
- Many more

Chronic Conditions We Treat:

- Acne
- Anemia (mild) evaluation
- Anxiety / Mild-moderate depression
- Asthma
- Constipation
- Diabetes type 2
- Eczema
- Epi-pen refills
- Gout
- Hair Loss
- Heartburn (GERD)
- High cholesterol
- Hypertension
- Hypothyroidism
- Obesity
- Osteoarthritis
- Seasonal allergies

Preventive:

- Wellness exams
- Contraception
- Sports physicals
- Tobacco / nicotine cessation
- Wellness goals
- Nutrition counseling

Imaging (non-emergency):

- X-rays
- EKGs

Additional Services:

- 30 free labs
- 350+ free Rx

Note: This is not a comprehensive list of treatable conditions. Decisions to treat specific medical conditions will be based on patient medical history, complexity, and provider discretion. For the most up-to-date services list, please visit www.kavirahealth.com/services



How do I learn more about the free labs and medications?

Visit our website at www.kavirahealth.com/labsandmeds

Who are my providers?

We have a team of Board-Certified Nurses and Nurse Practitioners. Our providers have specialties in family medicine, urgent care, pediatrics and behavioral health.

Who in my family can use this?

Your spouse and children (under the age of 26). If they are under the age of 18, we ask that you use the app and handle communication with providers. If they are between the ages of 18-26, we ask that you provide us with their information so that we can get them into our system.

I don't have a smartphone

No problem! Give us a call or send us a text at (763) 373-3856. Or access our clinic through your browser.